



# School District of Beloit 4K Breakfast Menu

January 2019

**31**  
No School  
Winter Break

**1**  
No School  
Winter Break

**2**  
Rice Krispies  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**3**  
Yogurt  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**4**  
Blueberry Muffin  
  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**7**  
Cheerios  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**8**  
Yogurt  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**9**  
Rice Krispies  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**10**  
Blueberry Muffin  
  
100% Fruit juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**11**  
Frosted Mini  
Wheats  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**14**  
Coco Frosted Mini  
Wheats  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**15**  
Blueberry Muffin  
  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**16**  
Cream Cheese  
Bagel  
  
Fresh Fruit  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**17**  
Yogurt  
  
Fresh Fruit  
Choice Of  
1% Unflavored Milk  
Unflavored Skim Milk

**18**  
  
No School

**21**  
No School  
MLK Day

**22**  
Cream Cheese  
Bagel  
  
100 % Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**23**  
Yogurt  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**24**  
Rice Krispies  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**25**  
Frosted Mini Wheats  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**28**  
Cheerios  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**29**  
Yogurt  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**30**  
Coco Frosted Mini  
Wheats  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**31**  
Cream Cheese  
Bagel  
  
100 % Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**1**  
Chex  
  
Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**Start your day off right  
Enjoy a FREE breakfast daily!!!**

**More info...**  
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